

We are excited to introduce the first issue of our newsletter!
Stay tuned for quarterly releases.



DELTA MARTIAL ARTS FOCUS

(Delta Martial Arts Newsletter)

In this issue:

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- Make sure we have your current email address on file

Thank you!

On behalf of the Delta Martial Arts family, we would like to thank you. We also want to recognize and express our appreciation to all our students.

Through your patience and continued support, we have been able to navigate through these challenging times.

We continue to focus on moving forward and developing plans to enhance the student’s goals and outcomes.

-Delta Martial Arts Management

Wisdom Imparted...



fortune
cookie for the
mind, body, and
soul



A Message from Sensei Robert

We are finally in October, and the year is almost ending. Oh how time flies.

I hope you all are staying safe and healthy through the fires and COVID-19, and at least doing something fun. For me, fall is a time for preparation for winter. I prep my beehives making sure they have a low mite count and have enough food stored for the winter. Just like the bees who store food for the winter, I too am prepping for winter by ensuring that I stay on top of my health and wellness. My goals have been to work out every day for an hour, read and meditate for 30 minutes each day, and to learn something new.

My family had thanksgiving in September, since we won't be able to get together this upcoming holiday season. We had a blast and it was a nice change with lots of games and great food. We would very much like to hear from you on what you and your family are doing to stay active and mentally nourished through this year.

We understand and acknowledge that you have been through a lot this year and have had different struggles. We hope you have found solace and peace through difficult times. We want to let you know that we appreciate and are extremely grateful to you for continuing to come and support the Delta Martial Arts Studio.

Class Schedule Feedback

We encourage feedback and would like to know;

1. Are the class times Monday Wednesday and Friday and Saturday working for you?
2. What is working, and what is not working. This question is meant for the entirety of the karate program. Testing, every day classes etc.
3. Are the test weeks and materials clear and comprehensive for your kids and are you happy with how we are testing your kid's knowledge of the material each month?
4. Are the testing days at the end of each month working for the students? What are their thoughts and feelings about testing, and the material we test them on? Would a handout of each belt levels curriculum help the students prepare and study? What would help them be better prepared, engaged, and mindful of what is required and expected of them at their belt level? Is testing at the end of each month too much, should we go to quarterly testing?

Student Featurette

Our student featurette this month is Yahya. He is a very inquisitive and energetic student.

Yahya keeps Sensei Robert on his toes every time he comes to class, as he has wonderful feedback, questions, suggestions, and a strong desire to learn. He takes in as much information as he possible can.



Here are some fun facts about Yahya:

- ✚ He is four but will be five in November
- ✚ His Current belt is purple stripe
- ✚ He has one sister and one brother
- ✚ His favorite subject in school is math
- ✚ For fun, he likes to ride roller-coasters
- ✚ His favorite food is chicken tikka masala
- ✚ His favorite karate technique are in-blocks
- ✚ He likes karate because it teaches him how to defend himself
- ✚ His favorite super hero is batman
- ✚ His favorite color is red

Miscellaneous

Parents, please make sure we have your current information on file. If not, please contact Sensei Robert.

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